



Phosphatidylcholine

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SKU: 1410 | Biotics Research

Supplement Facts		
Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1.2 g	2%†
Saturated Fat	0.17 g	1%†
Polyunsaturated Fat	0.54 g	*
Monounsaturated Fat	0.11 g	*
Cholesterol	0 mg	0%
Sodium	0 g	0%
Protein	0 g	0%†
Choline (as phosphatidylcholine)	55 mg	10%
Phosphatidylcholine (from soy lecithin)	420 mg	*

† Percent Daily Values based on a 2,000 calorie diet
* Daily Value not established

Other Ingredients: Softgel capsule shell (gelatin, glycerin and water).

Other phospholipids: Phosphatidylserine, phosphatidylethanolamine and phosphatidylinositol.

This product is gluten and dairy free.

RECOMMENDATION: One (1) softgel capsule one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry area.
Sealed with an imprinted safety seal for your protection.
Product # 1410 Rev. 06/19



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Choline (as phosphatidylcholine)	55 mg	10%
Phosphatidylcholine (from soy lecithin)	420 mg	*

Description

Ingredients

Dosages and Warnings

Each softgel capsule contains 1,200 mg of lecithin providing 420mg of phosphatidylcholine. Phosphatidylcholine (from soy lecithin).

Calories - 10, calories from fat - 10, Total Fat - 1.2g, Saturated Fat - 0.17g, Polyunsaturated Fat - 0.54g, Monounsaturated Fat - 0.11g, Cholesterol - 0 mg, Sodium - 0g, Protein - 0g.

Softgel capsule shell (gelatin, water, glycerin and ethanol).

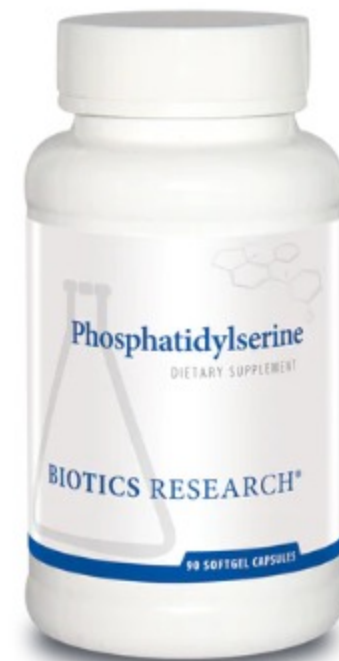
Other phospholipids: Phosphatidylserine, phosphatidylethanolamine and phosphatidylinositol.

This product is gluten and dairy free.

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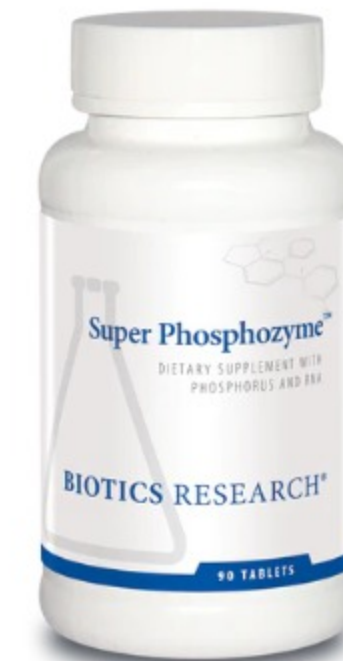
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Phosphatidylserine



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