



Organic Raw Camu Camu Powder

★★★★★ 1 review

£7.99

£7.99 - £11.99

Size: 125g 250g

QTY: - 1 +

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Description Reviews

Organic Raw Camu Camu Powder

Camu Camu is the fruit of a bush, which grows naturally in the Amazon region of South America, where the climate is hot and humid. Whilst the fruit has been consumed locally for centuries, it has recently caught the attention of nutritionists, as it is one of the world's richest sources of the antioxidant Vitamin C.

As a comparison, the tart-tasting, cherry-sized Camu Camu fruit contains between 30-60 times more Vitamin C than an orange, with its content making up to 12% of the product. Its Vitamin C, and other nutritional content has a key role in preventing oxidative-stress cell damage, in turn having a positive anti-ageing effect, as well as providing support to the body's immune system, cartilage, bones, blood vessels and the brain.

Processing

Sevenhills Wholefoods Organic Camu Camu berries are locally harvested before being cleaned and inspected for the highest quality. The remaining berries are slowly dehydrated for ten hours at 40 degrees to preserve any temperature-sensitive nutrients. The dehydrated berries are then milled into a fine powder and packed.

Benefits

- Rich in dietary fibre which aids to the normal function of the digestive system.
Per 5g serving, our Camu Camu powder delivers around 400% of your recommended intake of Vitamin C.
Freeze-dried to retain maximum levels of nutrients

Ingredients

100% Organic Camu Camu

Allergens

This product does not contain any substances causing allergies (Directive 2007/68/EC) as or intolerances as ingredients or by the possibility of cross-contamination. No colours, binders, fillers or preservatives added. Certified organic by the Soil Association and registered by the Vegan society.

Suggested Use

Sevenhills Wholefoods' Camu Camu is in fine powder form, which is easily consumed and added to your healthy diet. We recommend adding 1 teaspoon (5g) to water, juice or a smoothie. Stir/shake and consume, once or twice daily.

5.0 Based on 1 Reviews



Write a Review

Reviews 1

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Michael G. Verified Buyer United Kingdom

06/09/2021

Great stuff Tastes great with maca powder mixed in Greek yogurt, full of Vit c. too. Good stuff!

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